

Who Are You?



*T*he question is potent. Ask it.

Who am I? Am I this name, this form, this life, this mother? Am I this profession? What names have you given to yourself? How do you define who you are? Do your definitions create separation from all those around you? If so, your definitions are untruth. They are just passages of your being, expressions of God through the uniqueness your being.

Allow this. God must manifest in a million billion ways. Each way is unique, and we call that uniqueness a “self”. It is given the structure a name and a lifetime and in this potent formula it expresses something unique and definite and this is good.

Self is a part of God. Self is a part of the expression and self is a prison. When one only believes in this structure of self - the fire, will, emotion and mind - saying “I am this and that’s all”, self has created a prison, an illusion and an untruth. Self has created a dead end, continuing to invest energy into maintaining separateness.

Who are you, really? The self is but a unique expression of divine nature, of God, flowing through one specific channel. Understand that addressing the truth creates a greater stream of expression, a river of greater experience. The self is then at peace and knows its place. It can express

the highest principles, the most beautiful aspects and refined expressions of God in its evolving wholeness. Imagine the exquisite detail, the intricate beauty of consciousness that knows, that is in conscious truth. When the human being realizes this, it becomes this intricate beauty. It becomes a freedom that is no longer bound and confined in separation and is freed from its prison.



Forgetting his innate divinity, man searches for God in the external world. God is within you. In fact, you are God yourself. For example, you are sitting here. Is it possible for you to find yourself outside? Is it not foolishness to search for yourself in the outside world? Look within; only then can you find God. It is very easy to understand your oneness with God. However, you should have firm faith to begin with. You should develop faith that God is not separate from you. When you enquire deeply, you will realize that God is in you and also outside.

You are making various efforts to experience divinity. Do not search for God outside. He is in you. Everything is in you. All that you see outside is illusory. Do not be carried away by the illusory world. You do not need to study scriptures to know this simple truth. Develop inner vision and visualize your true Self. Enjoy the taste of divinity within. Only then can you attain peace and ultimately realize the truth, "I am I".

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What Is Soul? What Is The Atma?



We show her a window, clear,
blue, and crystalline. In that window is all
creation - all that underlies it, all voices that
speak, all beings that move or don't move,
creation in all its forms. The window is the
atma, the soul that sees. Hold that thought -
the soul that sees.

The consciousness that is *conscious*,
the eyes that can see the whole, the soul, the
atma, is the consciousness of creation.
Through that consciousness is a knowing - *I
am. I am all that. Yet I am the one that says 'I
am.'* *Yet I am the window that says, 'I am all that'.
I am both all that and the one that can stand apart
and say, 'I am all that.'*” Consciousness arises
to such totality that it says, “*I am all that*”,
and can feel its beingness as the whole
beingness.

The soul, the atmic consciousness, is
that window, that aspect that can look at any
part of creation, see it, know it, and say, “*I
am that*”, to it. It can know and understand
and see the rock and say, “*I am*”, to the
rock, comprehending deeply what that
means. The soul, then, is not in separation,
or a being apart from all other beings, but is
simply the consciousness that can say, “*I
am*.” When one sits in the atmic soul saying,
“*I am*”, there is no sense of “*I am separate
from that 'I am', from those eyes that see,
from that window.*” One sees those eyes

and that window out there as “I am that - only one window, only one pair of eyes.”

A unique character may surround, name, and give expression to the soul, may create and execute the journey of the soul's movement into explicit consciousness. Yet the personality, or character, is not the soul. It is only the growing, the process of creation on its way to “I am all that”, the evolving of the entire being from the most dense, unconscious state to the most conscious. The soul, the atmic consciousness, is the most conscious state. The personality, physical form, and emotional nature are the substance of the soul percolating into absolute consciousness. They are the journey, not the destination, not the essence of the journeyer. The personality is the journey. The body is the journey. The soul is the one who journeys. The human character is the clothing, the medium of expression and force of evolution. Emotional pain and physical form anchor into lifetimes, creating momentum and forcing the soul towards its true awareness. This entire treatise is about this, the atmic truth, the “I am all that.”

The soul has an inherent knowledge of itself. In the beginningless beginning, in the eternal middle, and in the endless end the soul has an inherent knowledge of itself. Potential, as though all is contained at all times, the perfection of God, of creation in full consciousness, is there and yet latently so.

So in this there is movement, momentum, pain, lives, ages, and evolution as inherent knowledge strives to rise into absolute knowledge, precise and crystalline.